



Informer

January 2012

Anne Arundel Retired School Personnel Association

Volume 37, Issue 2

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AARSPA - Riva Road

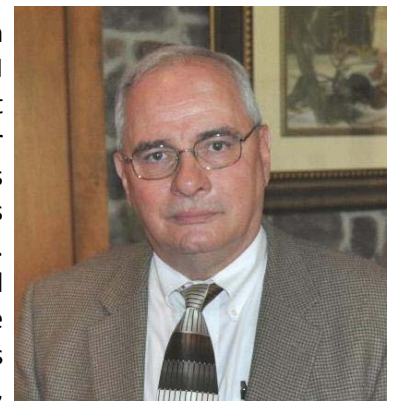
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I want to express my sincere gratitude and appreciation to Dan Schaffhauser, the principal at CAT-N, his staff, and in particular, Bruce Davis, Culinary Arts Instructor and Peter Akerboom, Baking and Pastry Instructor and most importantly, the students who prepared and served the outstanding meals at our most recent general meeting at the school on November 10, 2011. I received nothing but compliments from those in attendance for the quality of service provided and I have been "ordered" to make sure that we return to the site again for future meetings. I also want to thank the business community that works so closely with CAT-N for providing each person in attendance a small calculator and the most generous \$300 donation to the Scholarship Fund.

In the many conver-

sations I have had with members of AARSPA, I have come to realize that the vast majority volunteer with various organizations and at numerous facilities throughout the region. Many are actively involved with church groups, serve at hospitals, on various community associations, and the list is practically endless. A number of our members also are active with various groups within our organization such as the Anne Arundell County Free School, our chorus, *The Voices in Melody*, Scholarship for Scholars, the pre-retirement seminars, and the group that assists at the Board of Education with various projects. What I also notice is that many of the same people are involved or volunteer with numerous organizations.

MRSPA has recently sent me a questionnaire and form inquiring about what our organization is doing in the way of community service. This



began my thinking about what else our organization could do to not only support the community but also involve more of our members. For example, our Board of Education annually runs the "Harvest for the Hungry" food drive at all the schools and facilities. We could easily become part of that worthwhile effort but it would take some people to coordinate and organize. If you were at the general membership luncheon and meeting on November 10th, you heard Betty Ann White ask for assistance with producing our newsletter, *The Informer*. Ken Nichols

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CONSUMER UPDATE

Do you know?

Maryland's Motor Vehicle Administration (MVA) recently announced it has added an emergency contact option to the Maryland driver's licenses. Maryland drivers can now add up to three emergency contacts to their driver's license so police will know who to call if an accident occurs. The emergency contact information is stored electronically on an individual's driver's license and will be available only to authorized personnel.

You can go to MVA's website at www.mva.maryland.gov, and add three emergency contacts in just a few minutes. You will need to have your driver's license number. Go to the website, on the right, find "Do It Online" and there you will see the choices. Click "Emergency Contacts" and in the next menu again click on "Emergency Contacts" to add your emergency contacts. The entire process takes less than 10 minutes.

The Best Foods for Diabetics - and others too

- Beans – Kidney, pinto, navy, black

and, other types of beans are rich in nutrients, high in soluble fiber which keeps blood sugar steady, and helps lower cholesterol.

- Dark green leafy vegetables – Spinach, collard greens, mustard greens, Kale, and other dark leafy green veggies are nutrient dense, low in calories and carbohydrates.
- Citrus Fruits – Grapefruit, oranges and other citrus fruits are rich in vitamin C. The whole fruit is better than juices because whole fruit slows sugar absorption.
- Sweet Potatoes – They are high in vitamin A fiber but low in glycemic index.
- Berries – Whole unsweetened blueberries, strawberries and other berries are full of antioxidants, vitamins and fiber.
- Tomatoes – Raw or cooked, this super food offers vital nutrients like vitamin C, iron and vitamin E.
- Fish with omega-3 fatty acids – Salmon, mackerel, herring, lake trout, sardines, and albacore tuna are high in omega-3 fatty acids that help both heart health and diabetes.

- Whole Grains – Pearled barley, oatmeal, breads, and other whole grain foods are high in fiber and contain nutrients such as magnesium, chromium, foliate, and omega-3 fatty acids.
- Nuts – An ounce of nuts goes a long way to providing "healthy fats." But don't go overboard because nuts are high in calories.
- Fat-free milk and yogurt – They provide calcium and vitamin D. They can also help cravings.

These are known as super foods and are great for the nearly 26 million Americans who are diabetic.

Don't Lose your Pet

Lost cats and dogs with microchip identification are 20 times more likely to be reunited with their owners.

Credit Cards

A credit card that has not been activated can still affect your credit score. Credit scores treat activated and inactivated cards the same way – which means that cancelling a card that you never activated is considered an account closure, which can hurt your credit score.

Dates to Remember

Executive Board Meetings

January 5, 2012 - Conf. Room 1
 February 9, 2012 - Center 3
 April 12, 2012 - Conf. Room 1
 June 14, 2012 - Center 3
 July 12, 2012 - Center 3



March 22, 2012 - Michael's Eighth Avenue, Glen Burnie, MD; meeting begins at 10:00 a.m.
 May 17, 2012 – Renditions Golf Course, Davidsonville, MD, 9:45 a.m. registration; meeting begins at 10:00 a.m.

General Membership and Luncheon Meetings

January 26-27, 2012 – Naples, Florida

Special Events

January 24, 2012 - United Seniors Rally in Annapolis

ONLY IN EDUCATION

"I had a tenant whose son attended Jessup Elementary School. He was in my sixth grade class and struggled to keep up his grades, especially in Math. Through his middle school and high school years, I would chat with him about school when on my walks by his home. Randy finally became a senior at Meade High School. I saw him one day and spoke about graduation. He

had been in the Army Jr. ROTC program.

I said, 'Randy, when you graduate from Meade are you going to join the army?'

Randy answered, 'Well, Mrs. Shannon, I really haven't decided yet; but my Colonel told me if I enlist, I'll guarantee you will be a private.'

Sarah Shannon

* Please send your stories to:
Betty Ann White, PO Box 6573
Annapolis, Md., 21401-0573 or
E-mail: bettypurple@verizon.net



36th MRSPA Convention at Wisp Resort Hotel and Conference Center at McHenry, Maryland, September 13-15, 2011



AARSPA Delegation: Row 1 - Jim and Iona Williams, Sandra Edmonds, Max Muller. Row 2 - Bob Kanach, Ron and June Ruffo, Alicia Hardesty, Estelle Johnson, Carla Duls.



Ron and June Ruffo



Alicia Hardesty and Ione Williams



Ron and June Ruffo, Max Muller, and Bob Kanach playing Bingo.



Carla Duls and Estelle Johnson



Max Muller



Ione and Jim Williams



Ron Ruffo, Bob Kanach, June Ruffo



Member Deaths

Ruby Hamlette
 Russell Meyer
 Betty Makell
 Ellen Riddle
 Virginia Collins
 Riley Shoup
 John Fountain
 Edna Welder
 Ruth Huffer

Family Members'

Deaths

Cynthia Caldwell - mother
 JoAnn Scott - husband
 Sally Meyer - husband
 Jean Gunther - husband
 Barbara Bowens - mother
 John Makell - wife
 Mary Jean Gray - sister
 Fran Funk - sister
 Sue Hines - husband

Happy Anniversary

Angela & Harold Cromwell
 Richard & Marjorie Johnson
 Carvel & Margaret Wolfe
 Gene & Carol Kirby
 Ed & Meg Meehan
 Otho & Gloria Johnson

Please save this list to notify us of get wells, birthdays, anniversaries, and deaths of our members.

Nina Griffith: Death Notices

Home phone: (443) 304-2266
 email: Bear1134@aol.com

Dianne Rogers: Get Well/Thinking of You/Anniversaries

Home phone: (410) 647-7585
 email: wwdsrogers@verizon.net

Millie Zipay: Birthdays

Home phone: (410) 760-2684
 email: mz2teach@aol.com

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shared with those present his investigation on sending out the newsletter electronically to the membership. We need folks with expertise with such matters to participate on the committee to provide guidance and direction. For that matter, all of our organization's committees need your support and assistance.

I ask you to do two things. First, go to our website, www.aarspa.org and click on the "Contact Us" button on the left. Review the various committees our organization has already in place and email or write one or more of the chairpersons listed and sign up to help. If you have any questions, feel free to contact the chair and make your inquiries. You may just find something that you will enjoy doing and I can assure you that the chairperson will enjoy having you involved.

Secondly, I ask that you let me know where, outside of AARSPA, you are volunteering. I would love to learn where our members are providing community services and maybe our organization or some of our members might like to join you. If you would send me: 1) the name(s) of the place(s) or organization(s) you volunteer your services, and 2) the estimated number of hours you volunteered throughout the 2011 year at each organization I would be most appreciative. You can email me at: pres@aarspa.org or mail me at AARSPA, Attention: Bob Kanach, 2644 Riva Road, Annapolis, MD 21401. I will tabulate this information and not only report it to MRSPA but will provide a summary for our membership in a subsequent newsletter.

As you know, the legislature will come into session in January. This will be another critical year for us as

far as our retirement/pension is concerned. As Virginia Crespo shared at the most recent general membership luncheon meeting - even though we who are already retired are somewhat "grandfathered," whatever action taken by the legislature to reform the pension system will still impact us. I will be asking Virginia to keep us up-to-date of any action that might develop during this session; so, routinely check our website for updates. I also strongly suggest that you routinely check the Maryland Retired School Personnel Association's website, www.mrspa.org, for updates and ways that you can contact your representatives. It is vital that we keep informed and active with this matter.

In closing, I want to wish each and everyone a blessed and safe holiday. May your days be merry, bright, and may the New Year be filled with much joy and happiness.

New Members And 2011 Directory

A cordial welcome to our newest members. Please contact the Membership Committee for corrected addresses and to update your phone/address information at AARSPA Membership Committee, 121 River Road,

Edgewater, Md., 21037 or email membership@aarspa.org. Help defray postage; let us know if we can email a directory to you.

If you have not already given us your email address, please do so because we plan to send the newsletter

electronically to those who are comfortable with that medium. The savings in printing and mailing charges are tremendous and those savings can be directed to other valuable aspects of our organization. Please contact us at address above.

New Members

7/1/11 - 12/18/11

Deborah Ahalt
 Richel M. Aquino
 Steven Baran
 Phyllis S. Bloom
 Linda S. Butler
 Geraldine M. Cappuccio
 Jane A. Chitwood
 Donna C. Combs
 Kevin I. Dennehy

Debbie Fritz
 Jean S. Graf
 Carole Harding
 Daisy V. Harris
 Katheryn L. Jonas
 Carolyn P. Keenen
 Paul C. Kriewald
 W. Mark Lynch
 Suzanne D. Marr
 Patricia McQuade
 Phyllis Mentzell

Raymond W. Meyer
 Linda L. Mumper
 Susan Murray
 Richard P. Naegele
 Mildred D. Nick
 Don Patterson
 Mary A. Perry
 Carol Ann Petrosky
 Deborah Poole
 Roberta R. Puglisi
 Dale O. Rains

Randall G. Rice
 Sandra Rose
 Dianna M. Schwarz
 Janet M. Sherbert
 Linda C. Simanowith
 Annette Smith
 Margaret C. Tipton
 Katherine A. Wick
 Putt Willett
 Mary Ann Yarbrough

Maryland Senior Citizens Hall of Fame Honors Senior Citizens of Maryland



This year's award was given to Thomas Neuenschwander (2nd from right) Director of AARSPA on October 20, at Michaels.



The AARSPA Chorus had its first concert of the Christmas season at the United Methodist Church in Glen Burnie. Judy Engelmeyer (First on left in row 1) directed the chorus as Thomas Neuenschwander was unable to do so.

AARSPA Needs Your Support

Annarrundell County Free School

Since Max Muller has moved to Havre de Grace, we need a few volunteers who would be willing to open the Free School for community use. We have two volunteers helping with events scheduled during daylight hours but we need several couples or men who could cover evening events. The routine events include a community end-of-summer picnic, a Christmas event for the children, an Easter Egg hunt and the annual Lavall Community Association

business meeting which is held from 7-9:30 p.m. on the second Wednesday in November. Occasionally there are special evening meetings of the Community Association or committees to address issues that come up during the year. Volunteers don't need to worry about keys since the building can be unlocked using the numbered keypad on the side door. Then it's just a matter of unlocking the deadbolt on the front door. For evening



meetings, the volunteers would need to set up two torchiere lamps to light the meeting area. If you are able to help us with this need, please contact Bob Kanach at 410-757-7393 or Max Muller at 443-502-5120.

Leadership Roles for Next Year



Looking to next year, we need people to step-up and take on leadership roles. Obviously, we would prefer to have at least two candidates for each of the positions of President, President-Elect, Secretary and Treasurer. It is important that

we continue to have people step-up and guide our organization through the future. If you think you want to step forward or have questions about a specific position, please contact Bob Kanach or Ione Williams.

AARSPA Newsletter "Informer" Needs Support!



If you have any interest and/or experience in setting up newsletters for publication, or know someone who may be interested, please let us know. Our newsletter technician is stepping down and would gladly work with a replacement learning how to position

submitted editorials/information in an **already established format**. She will work with you on every step until your comfort level is in place. Our AARSPA Informer process is similar to that used in the production of the schools'

newsletters. There is a real need to find someone willing to assist in this information link with our membership.

Please contact Pat Ericson (410) 969-5610 or Betty Ann White (410) 224-2599.

November Luncheon Held At Center of Applied Technology-North on November 10, 2011



Daniel Schaffhauser, Principal of CAT-North



Some of the student servers and chefs. (Not pictured) - Teachers: Mr. Bruce Davis, Culinary Arts and Mr. Peter Akerboom, Baking and Pastry



Guests at the lunch from MRSPA: Judy Zahren, Executive Director; Carla Duls, our Regional Representative; and Bonnie Brose, President of MRSPA



Members of AARSPA attending the luncheon for the first time: Row 1—Don Patterson, Suzanne Marr, Nancy Horne, Terrence Welty, Shirley Brooks, Kathy Wick. Row 2 - Putt Willett, Steve Baran, Carolyn and Lee Keenen, Donna Williman, Randy Rice, Donna Du Puis

"Show Stoppers" from the South County Senior Center provided some fun entertainment.



21st Florida Get-Together January 26 - 27, 2012

The Florida Get-Together will be held January 26 and 27, 2012. On Thursday, the 26th, there will be a reception/party at Joanne Hogan's house. The Luncheon will be at the Flamingo Island Club. **Registration deadline is January 13.** When registrations are received, we will send directions to the Flamingo Club and to Joanne Hogan's house.

There are some motels just off of I-75 at exit 101, which is closest to the events. Comfort Inn & Suites (239) 353-9500 and Holiday Inn Express (239) 348-1700. There are hotels on Marco Island which is south of the others, but still on Collier Blvd. Marco Island Marriott (239) 394-2311 and Hilton Marco Island Beach Resort (239) 394-5000.

The buffet meal is \$25.00. Checks should be made payable to Joanne Hogan, 5157 Lochwood Court, Naples, Florida 34112-3656, Phone: (239) 775-7849

REGISTRATION FORM

Name of person(s) attending: _____

Your Name: _____

Your Address: _____

Your Phone: _____ Amount enclosed (\$25 per person) _____

September 26, 2011 Luncheon at Snyders Willow Grove



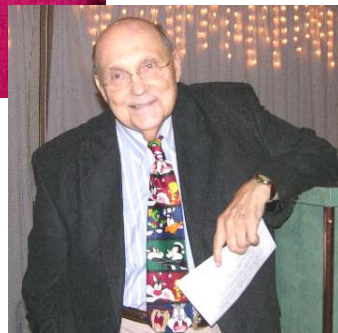
Members attending the AARSPA luncheon for the first time: (L-R) Carol Petrosky, Dale Rans, Deborah Ahalt, Joan Briscoe



Alicia Hardisky's ticket won the 50/50 raffle



Bill Sharkey provided the entertainment for the afternoon. Bob Kanach (left) helped with this game.



Ed Stofko presented proposals for the By-Law Amendments; all were passed by a majority of those present.

Florie Bozzella, Director of Human Resources for AACPS, gave greetings from Dr. Kevin Maxwell, Superintendent of Schools.



Staying in Touch with Former Scholarship Recipients

With the help of Debbie Hardie at Scholarship for Scholars, Inc., we have been contacting former scholarship recipients to see how they are currently doing. Their responses are . . .

2001 Scholarship Recipient Lisa Gahs

"I am very grateful for AARTA's support to help me complete my undergraduate degree. I received my Bachelor of Science degree in Elementary Education (summa cum laude) in May 2005 from Towson University. In August 2005 I joined Anne Arundel County Public Schools as a 5th grade teacher at Oakwood Elementary. In May 2008 I was reassigned to 2nd grade at Oakwood. I have been an active staff member at Oakwood supporting and coordinating many after school activities. I returned to Towson University to pursue a Master's degree. I received my Master's of Education in May 2009. I concentrated my studies in curriculum and instruction for the elementary grades. I enjoy teaching and feel blessed to work in a school with fantastic staff members and students. I have become a leader at my school on the School Improvement Team, Equity Committee, Differentiated Instruction Team, and Character Ed Committee. (We were named a National School of Character last year.) Teaching has given me great opportunities such as attending a National Conference in Atlanta, Georgia and buying my first house. I really appreciate the financial support I received from AARTA as I began my teaching journey."

2005 Scholarship Recipient Caitlin Robinson Adams

"I graduated from the College of William and Mary in 2009, with a major in Mathematics and a concentration in Secondary Education. Following graduation, I took a job with Fairfax County Public Schools, and I'm in my third year of teaching now. I teach 8th grade math and Algebra 1 at a middle school in Fairfax, Virginia. I love it! I work with an enthusiastic and dedicated group of teachers, and a wonderful bunch of students. I especially love teaching Algebra because my students start to make so many

connections between math topics they've build foundations for in the years prior. Many of my classmates in college thought I was crazy for really *wanting* to teach middle school - but it is such a fun and rewarding age group to work with. There is never a dull day!"

2005 Scholarship Recipient Sarah Isbell

"Sarah graduated magna cum laude from Dickinson College with a degree in Biology in May of 2009. After graduating, she interned in Yellowstone National Park with the fisheries department through the Student Conservation Association. Upon returning from Yellowstone, Sarah worked as a STEM educator in Anne Arundel County, which included designing and teaching a course about the Ecology of the Chesapeake Bay to high school students. For the past two seasons, she has worked at The FARM Institute as a farm-based educator and curriculum integration coordinator. The FARM Institute is a non-profit educational farm located on Martha's Vineyard that educates and engages children and adults in sustainable agriculture through the diverse operations of a working farm."

2006 Scholarship Recipient Amanda Schwarzmann

"Since I received the scholarship, I have become a 4th grade teacher in Anne Arundel County. I graduated Frostburg State with my B.S. in Early Childhood/Elementary Education in just 3 years. Upon graduating, I went to Loyola University MD and received my Master's in Special Education. I have now been with Anne Arundel County for 3 years: 1 as a T.A. while I went for my graduate degree and 2 as a 4th grade general educator. The scholarship was definitely a help in my success. Thanks for believing in me those 5 years ago!!"

Don't forget to support the students, donate to the Scholarship Fund.

Form located on back page.



Scholarship Fund Donation

Scholarships are of the utmost importance to ensure the contribution of quality teachers entering the education profession.

I wish to make a donation to the scholarship fund.

Donation Amount is: _____

In memory of: _____

In honor of: _____

for:

_____ birthday _____ an anniversary

_____ other (please indicate) _____

Please make checks payable to:

Anne Arundel Retired School Personnel Association
or / for

Tax Deductible Donations, make checks payable to:
21st Century Education Foundation, Inc.

Mail all checks to:

Karlie Everett
725 Warren Drive
Annapolis, Maryland 21403

The 21st Century Foundation, Inc., is a 501 (c) (3) nonprofit, charitable organization, donations to which are tax deductible to the fullest extent allowed by law. A copy of the foundation's current financial statement is available upon request by contacting the 21st Century Education Foundation at 2644 Riva Road, Annapolis, Maryland 21401 (telephone: 410-222-5370). Document and information submitted to the state of Maryland under the Maryland Charitable Solicitations Act are available from the Office of the Secretary of State for the cost of copying and postage. *DPS/CH 1395/28a (Rev. 1/11)*

Name and address of the honoree.

We will inform the honoree(s) and/or the family of the deceased that a gift has been made to the scholarship fund.

Send notice of my donation to:

Name _____

Address _____

Donor's Name _____

Address _____

For questions, please contact:

Karlie Everett • karlieeverett@verizon.net • 410-268-8656



Anne Arundel Retired School Personnel Association
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Stay Informed!
AARSPA.org