



# INFORMER

ANNE ARUNDEL RETIRED SCHOOL PERSONNEL ASSOCIATION

DECEMBER 2012

Volume 38 Issue 3

## PRESIDENT BOB KANACH

---

### President

Robert "Bob"  
Kanach  
(410) 693-7396

### President-Elect

Charles Gable  
(410) 590-9786

### Immediate Past President

Ione Williams  
(410) 647-2484

### Recording Secretary

John Hammond  
(410) 674-2484

### Assistant Recording Secretary

Lonnie Kelly  
(420) 647-9489

### Treasurer

Alicia Hardisky  
(410) 757-6762

### Assistant Treasurer

Patricia Ericson  
(410) 969-5610

### Corresponding Secretary

Charles Toth  
(410) 227-0985

### AARSPA - Riva Road

For Information  
(410) 222-5000  
[www.aarspa.org](http://www.aarspa.org)

This is rapidly becoming a very difficult year. Your Executive Board has lost another longtime and valued member, Betty Ann White. Since Betty Ann's retirement from the Anne Arundel County Public School System, she has served in various capacities within AARTA/AARSPA and MRSPA, including AARTA President in 1994-1995 and as AARSPA's first President in 2007-2008. She was a wealth of knowledge to all who served a leadership role within the organization. Personally, she, as with Mr. Hall, was a valued resource and confidant to whom I could readily turn for advice. One thing for sure, she would share with you her thoughts and opinions. She will be missed by all to whom she has been a friend.

On November 13, 2012, a group of our members attended the MRSPA Legislative Workshop at the Senate Office Building in Annapolis. At this meeting, Bill Brown, MRSPA Legislative Chair,

and Stuart Tucker, MRSPA President, led representatives from most of the counties through a busy day of presentations from the National Association of State Budget Officers, Maryland State Treasurer Nancy Kopp, Executive Director R. Dean Kenderdine and Trustees Theresa Lochte and Ken Haines of the Maryland State Retirement and Pension System, and Tish Raff, MRSPA's Legislative Aide. In the afternoon, we had presentations from Ken Ulman, Howard County Executive; Charles Barkley, member of the House Economic Matters Committee; and Senator Richard Madaleno, Jr., member of the Senate Budget and Taxation Committee. At that meeting, we were urged to encourage our members to contact our legislators and ask them to support full actuarial funding of the pension/retirement fund, defined benefits for all, and to increase their understanding of the positive impact the pensions have on the



State's economy. Members are encouraged to regularly check the MRSPA website for up-to-date legislative information.

While at the Legislative Workshop, I met Sharon McElfish, who I learned from our conversation, is a volunteer at the Stanton Center Homework Club in Annapolis. She asked me to share with our membership that organization's need for volunteers to work one-on-one with a student at the Stanton Center between the hours of 4:00 to 5:00 p.m., Monday through Thursday. Volunteers work with students to complete their homework and also assist them on all aspects of their development. If you are interested and desire

(Continued on page 2)

(Continued from page 1)

more information, contact Sharon directly at [sharonmcelfish@aol.com](mailto:sharonmcelfish@aol.com) or call her at 410-703-7990.

For those of you who were unable to join us at CAT-N on November 15, 2012, for our general luncheon and meeting, we were again treated to exceptional entrees and desserts prepared and presented by the students. I want to thank Principal Dan Schaffhauser, Culinary Arts instructor Bruce Davis, Baking and Pastry instructor Peter Akerboom, teacher assistant Monica Marshall, and all of the students who, again, provided all of us with an exceptional experience. A special thank you also goes out to the Anne Arundel County Students Construction Trades Foundation, Inc., for its most generous donation of \$500 to the scholarship fund in memory of Howard Hall, a longtime supporter of the program. Superintendent Kevin Maxwell shared with those present his need for our assistance with budgetary items including our medical benefits. Stuart Tucker, the President of MRSPA, shared the focus of the organization for this coming legislative session and the new discount program entitled **Abenity**, available to MRSPA members. Stu also challenged us to have full representation at the MRSPA Annual Business Meeting to be held at the Doubletree Hotel in Annapolis on May 14, 2013, and at the MRSPA "All Member Event" at the same location on May 5-7, 2014.

Some of the other business discussed at the general meeting included membership, future plans

for the Free School program, the Trips Committee, and the Community Service Project with Hilltop Elementary's Judy Center. The most current Member Directory was handed out to interested parties and will be mailed out to those who have notified Carol Kirby of their desire to receive a copy. An electronic version is also available to those members who prefer it in that format. I was happy to announce that the Florida luncheon and general meeting will be held in February, 2013. More information can be found elsewhere in this newsletter. I presented to the membership the recommendation of the Executive Board to increase the AARSPA dues from \$10.00 per year to \$15.00 in order to better meet the needs of our organization. This recommendation passed unanimously. Tim Amann entertained us after our excellent meal, and everyone "bopped" to the tunes of the 50's, 60's and 70's.

I am pleased to inform the membership that Max Muller has agreed to run for President-elect and Carla Duls for Secretary of MRSPA next year. If elected, they will join Estelle Johnson in leadership roles at our state organization. Voting will be held in the spring and I urge all members to support these two candidates.

Lastly, I want to wish each and every member a very happy and safe holiday season and let us all hope and pray that 2013 will be a year of joy and happiness.



# AARSPA NEEDS YOU!

Looking ahead to next year, we need people to step-up and take on leadership roles. It is important that we have people volunteer to guide our organization into the future. If you think you would be interested in one of the positions listed below or would like more information, please contact Bob Kanach or Ione Williams.

TREASURER

RECORDING  
SECRETARY

ASSISTANT  
RECORDING  
SECRETARY





# November 15, 2012 Luncheon at CAT-N



CAT-N Principal Daniel Schaffhauer with AARSPA President Bob Kanach and guest, MRSPA President Stuart Tucker



Joe Butler and Virginia Trotter with Millie Gardner, an Emeritus Member who used to work at CAT-N

ABOVE: Baking and Pastry students and instructor Peter Akerboom

BELOW: Culinary Arts students and instructor Bruce Davis  
NOT PICTURED: Teacher assistant Monica Marshall



## First Timers

Front row: Emeritus Member Dorothy Jubb  
Second row: Mildred Ann DeSimone  
Back row: Barry Fader, President-elect Gable, President Kanach, Gloria Brown, and Carolyn Smith



AARSPA President-elect Charles Gable and Tim Amann, who performed as an "Oldies One Man Band" playing favorites from the 50's, 60's and 70's.



## IMPORTANT DATES

### EXECUTIVE BOARD MEETINGS

January 10, 2013 - Conference Room 1 @ 10:00 a.m.  
 February 7, 2013 - Center 3 @ 10:00 a.m.  
 April 11, 2013 - Center 2 @ 10:00 a.m.  
 June 13, 2013 - Free School @ 10:00 a.m.  
 July 11, 2013 - Center 3 @ 10:00 a.m.

### GENERAL MEMBERSHIP MEETINGS

March 14, 2013 @ Michael's Eighth Avenue at 10:30 a.m.  
 May 9, 2013 @ Renditions Golf Course at 10:30 a.m.

### OTHER DATES

December 14 - Deadline for donation of holiday gifts to Judy Center at Hilltop Elementary  
 February (TBD) - AARSPA Legislative Luncheon  
 March 19, 2013 - USM Legislative Forum @ St. John's College  
**(This is a date change!)**  
 March 20, 2013 - Free School Docent and "School Marm" Meeting @ the Free School at 10:00 a.m.  
 April 13 (Tentative) - Pre-Retirement Seminar @ SPSH at 8:00 a.m.  
 May 14, 2013 - MRSPA Annual Business Meeting @ the Doubletree Hotel in Annapolis

## COMMUNITY SERVICE PROJECT



There's still time to donate children's hats, scarves, gloves/mittens and books to students, age one month to four years, at the Judy Center at Hilltop Elementary School!

You can drop the items off at Hilltop Elementary School, 415 Melrose Avenue, Glen Burnie, MD, between the hours of 9:00 a.m. and 3:00 p.m. or contact Bob Kanach at [rkanach@verizon.net](mailto:rkanach@verizon.net) to make arrangements for pick up. The items may also be mailed to: Bob Kanach, 512 Augusta Drive, Arnold, MD 21012. Let's try to make the upcoming holidays a little more special for our most deserving children.

**ALL ITEMS NEED TO BE RECEIVED NO LATER THAN FRIDAY, DECEMBER 14, 2012.**

### Informer Deadline - February 4, 2013

Send news and articles of interest to AARSPA members to *Informer* Editor Carla Duls at [kid3dle@aol.com](mailto:kid3dle@aol.com).



## SUNSHINE/REMEMBRANCE

### Member Deaths

Craig Buckingham  
 Ruth Edwards  
 Kester Greene, Jr.  
 Joseph Gerlach  
 Emily Haygood  
 Marjorie S. Ingalls  
 Dolores Wallace  
 Betty Ann White

### Emeritus Birthdays

Margaret Bevin 2/20  
 Blanche Carter 2/2  
 Betty Dawson 12/26  
 Mary Etta Dorr 11/5  
 Annabelle Lambert 11/8  
 Louise Layton 1/6  
 Mary Lord 12/1  
 Dorothy Mace 12/9  
 Frances Middleton 1/2  
 Robert Pauli 10/17  
 Ruth Smith 2/15  
 Dorothy Wallace 1/26  
 Eileen Zindel 2/13

### Family Deaths

Kester and Christian Greene - son  
 David Shoemaker - brother and brother-in-law  
 Doris Shoemaker - brother and brother-in-law  
 Laura Haskins - husband  
 Ed Stofko - sister  
 Faye Stitz - husband  
 Barry Lauver - mother  
 Carolyn Smith - mother  
 David Ingalls - wife  
 Lillie Caldwell - sister  
 Cynthia Caldwell - sister-in-law  
 Patricia Caldwell - sister-in-law

If you have information concerning AARSPA members, please contact the following people.

**Anniversaries and Congratulations** - Millie Zipay at [mz2teach@aol.com](mailto:mz2teach@aol.com) / 410-760-2684

**Deaths of AARSPA members and family members** - Nina Griffith at [bear1134@aol.com](mailto:bear1134@aol.com) / 443-304-2266

**Illnesses and accidents, etc.** - Dianne Rogers at [wdsrogers@verizon.net](mailto:wdsrogers@verizon.net) / 410-647-7585





## VOICES IN MELODY

The AARSPA Chorus, **Voices in Melody**, has begun its schedule of winter concerts. There's still time to enjoy one of their performances near you!

**Monday, December 10 @ 11:30 a.m.**, Glen Burnie Methodist Church

**Wednesday, December 12 @ 1:00 p.m.**, South County Senior Center

**Friday, December 14 @ 12:30 p.m.**, Pasadena Senior Center

**Monday, December 17 @ 1:45 p.m.**, Atria Manresa

**Wednesday, December 19 @ 1:00 p.m.**, Arnold Senior Center



## TRIPS COMMITTEE



The Trips Committee met to consider the survey results from the last luncheon. There were many interesting suggestions including shows at the Hippodrome, the Kennedy Center and also New York. The Cherry Blossom Festival seemed a popular proposal as did a crab feast/Bay cruise for next spring. Other suggestions were tours of Baltimore, Washington and Monticello.

Various committee members chose to investigate several of the suggestions and to be prepared to report at the January meeting so a choice for the spring trip can be confirmed and additional details for other trips can be explored further. The overall choice of those answering the survey was to have two trips per year – one in the fall and one in the spring. A number of members are also interested in going to Florida in 2014. Chairman Lou Kamm noted that we must take into consideration the needs of the handicapped when planning a trip.



## HELPFUL HOLIDAY HINTS !

### AVOID NAUGHTY HOLIDAY FOODS

'Tis the season of temptation -- and the evidence suggests most of us give in. A study in the New England Journal of Medicine shows the average person puts on a pound during the holidays and never loses it. This adds up to serious weight gain over the years. For those with high cholesterol or high blood pressure, land mines abound on the dinner table. Fortunately, there are ways to avoid the holiday food trap. While Santa makes his list and checks it twice, you can study WebMD's list of foods that are naughty and nice.

Turkey Skin	Stuffing
Buttery Mashed Potatoes	Pecan Pie
Sweet Potato Casserole	Egg Nog
Fancy Finger Foods	Mixed Drinks
Potato Pancakes	Caramel Popcorn
Cookies and Cakes	Milk Chocolate

Knowing which foods are naughty is only half the battle. Help yourself resist temptation with these tips:

- Engage in conversation to slow the pace of eating.
- At parties, sit far from the buffet table.
- Excuse yourself from the dinner table once you've had enough to eat.
- Chew sugar-free gum or suck on sugar-free candy to reduce the desire to nibble.

Source: <http://www.webmd.com/food-recipes/ss/slideshow-naughty-list-of-holiday-foods>

### HEARTBURN: 9 HINTS FOR THE HOLIDAYS

Nearly one in five Americans needs frequent relief from heartburn. If you're among them, you're probably looking forward to the holidays with a mixture of anticipation and queasiness. The six weeks from Thanksgiving to New Year's Day often turn into a caloric free-for-all, and holiday menus are loaded with the foods that are on most heartburn sufferers' "danger" lists.

How can you enjoy the office holiday party, your Thanksgiving feast, Christmas at your in-laws, and the endless round of festive events without needing heartburn relief? Fear not -- the holidays need not be a time when you're haunted by the Ghost of Dinner Immediately Past. Just remember these holiday tips for relief from heartburn:

1. Nibble, don't gorge - don't pile plate too high, avoid seconds
2. Don't get rich - avoid fats and sugar
3. Front-load your meal - avoid calorie-laden desserts
4. Order hors d'oeuvres - light appetizers like veggies
5. Accept substitutes - angel food for chocolate
6. Take your time - linger over dinner
7. Get up - go for a walk after eating
8. Toast - but don't drink too much
9. Plan ahead for relief from heartburn - keep medication on hand



Source: <http://www.webmd.com/heartburn-gerd/features/relief-heartburn-9-hints-holidays>

**AARSPA MEMBERS ATTEND  
MRSPA LEGISLATIVE WORKSHOP  
NOVEMBER 13, 2012**



Roger White (Prince George's County) and Ron Ruffo



President Bob Kanach and Legislative Chair Virginia Crespo  
NOT PICTURED: Carla Duls



AARSPA President-elect Charles Gable



**FROM THE SCHOLARSHIP COMMITTEE**

Since July 1, 2012, the Scholarship Fund has received over 50 donations. Unfortunately, most of these donations have been made in memory of someone. In the past few months, we have received donations in memory of Howard Hall, Bud Bruni, JoAnn Schaeffer, Dr. Kester Greene, Emily Renkewicz, and Betty Ann White. An overwhelming number of 15 donations, totaling over \$1,500, were donated in memory of JoAnn Schaeffer who was a teacher at Magothy Middle and Arundel High School. Donations have also been made to honor the 45th wedding anniversary of Mr. and Mrs. Ernest Clayton and to honor Amanda K. Edmonds, Principal at Waugh Chapel Elementary.



As the Christmas season is upon us, if you are looking for the gift for someone who has everything, consider sending a donation to the AARSPA Scholarship Fund in that person's name.

Thank you for your continuing support for the Scholarship Program of AARSPA.

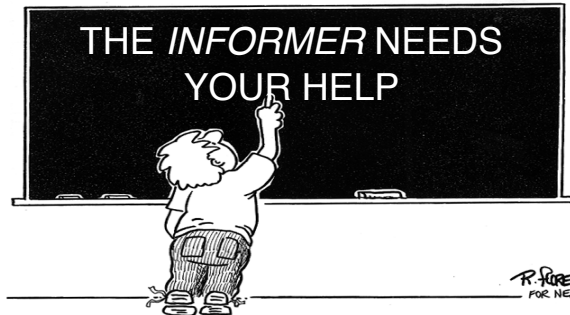
**WELCOME**

On November 1, those who had not paid their FY 13 dues were removed from our roster. They will be reinstated upon receipt of dues. Remember, our membership year begins on July 1 and runs through June 30. Requests for state and local dues payment are mailed in March for the upcoming fiscal year. Second and third dues requests are costly in postage; please respond promptly. We welcome your suggestions for the improvement of this process.

**NEW MEMBERS**

- Stephen A. Banian
- Alice Janat Bieman
- Deborah Jean Calder
- Kathryn Catlin
- Patricia A. Clark
- Jane Cogswell
- Judith Crawford
- Celeste I. Crowder
- Samuel E. Crowder, Jr.
- Billie Dabbondanza
- Gloria M. Ellsworth
- Elizabeth A. Fach
- Alice Speicher Gillis
- Lois M. Godboldte
- Shirley A. Herrmann
- Nicholas Jauschnegg
- Doris M. Johnson

- Mumtaz Khan
- Nancy L. Knouse
- Dorothy M. Kolakowski
- Donna Kurrle
- Nancy A. Lewis
- Tim Mennuti
- Yvonne A. Meyer
- Carolyn J. Moyer
- Karen K. Muir
- Charlene Neal
- Charles J. Nemphos
- Bob Schneider
- Paulette Seiler
- Paul E. Stack
- Karen L. Stillwell
- Jill Vander Hook
- Mary L. Wilcox

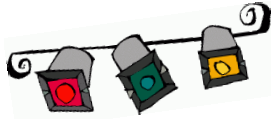


The *Informer* staff is looking for interesting, entertaining, and informative articles for YOUR *Informer*. In the past, Betty Ann White wrote or edited the following columns which we would like to continue. If you are interested in submitting an article, or if you have a new idea for a column, please contact Carla Duls at 410 798-8999.

**Only in Education** - brief stories recounting life in the classroom or encounters with former students through the years.

**Spotlight on AARSPA Members** - brief stories highlighting the career, contributions, and accomplishments of AARSPA members

**Consumer Update** - news items on travel, health, finance, pets, etc.



## IN THE AARSPA SPOTLIGHT

If you have been a member of AARSPA for awhile, you are sure to know this month's "AARSPA Spotlight" member! Estelle Owens Johnson has been an active member of the Association for many years. She served first as Anne Arundel Retired Teachers Association (AARTA) Assistant Treasurer and then as President-elect. In 2005-2006, Estelle held the position of Association President and led the celebration of AARTA's 65th birthday.

In addition, Estelle has been active at the state level as Chair of the Maryland Retired School Personnel Association (MRSPA) Scholarship Committee. She is currently serving as MRSPA Vice President and is busy planning the MRSPA "All Member Event" to be held in Annapolis at the Doubletree Hotel, May 5-7, 2014.

Those who know Estelle well or have attended recent MRSPA conventions know that Estelle loves to dance and is really quite good! She shares her talents as a member of the South County Show Stoppers, who performed at the November 2011 AARSPA luncheon.

Estelle is a member who "stepped-up" enthusiastically when needed, and we thank her for her many contributions to AARTA/AARSPA!



## 22nd Florida Get-Together February 21 - 22, 2013



The Florida Get-Together will be the last Friday in February, that is **February 22, 2013**. We will once again meet in Naples, Florida, this time at the Forest Glen Country Club. This beautiful facility is on Collier Boulevard south of Davis Boulevard. This club provides great food, and we have had meetings for other events there before.

We will have a plated lunch at the Club. The lunch will be either chicken saltimbocca or stuffed tilapia with vegetables and dessert. A cash bar will be available at 11:00 a.m. and lunch will be served at 12:00 noon.

The cost for this delightful meal will be \$25.00. Below is a registration form for the luncheon. We will have a party on Thursday night at Joanne Hogan's house from 4:00 p.m. to 7:00 p.m.

Directions to the Country Club and to Joanne's house will be sent to you when we receive your reservation. Make checks payable to Joanne Hogan and send to: **Mrs. Joanne Hogan, 5157 Lochwood Court, Naples, FL 34112**.

We hope that many of you will plan to come for a great time together. We always like to see our Maryland friends, but we would like to see more of our Florida members as well.

### REGISTRATION FORM

Name of person(s) attending: \_\_\_\_\_

Your Name: \_\_\_\_\_

Your Address: \_\_\_\_\_

Your Phone: \_\_\_\_\_ Amount enclosed (\$25.00) per person \_\_\_\_\_

\_\_\_\_\_ Chicken Saltimbocca \_\_\_\_\_ Stuffed Tilapia

Each entrée is served with mixed vegetables, scalloped potatoes, key lime pie, rolls, butter, coffee, tea and soda.



# Scholarship Fund Donation

*Scholarships are of the utmost importance to ensure the contribution of quality teachers entering the education profession.*

*I wish to make a donation to the scholarship fund.*

Donation Amount is: \_\_\_\_\_

In memory of: \_\_\_\_\_

In honor of: \_\_\_\_\_

for:

\_\_\_\_\_ birthday \_\_\_\_\_ anniversary

\_\_\_\_\_ other (please indicate) \_\_\_\_\_

**Please make checks payable to:**

Anne Arundel Retired School Personnel Association  
or / for

Tax Deductible Donations, make checks payable to:  
21st Century Education Foundation, Inc.

**Mail all checks to:**

Karlie Everett  
725 Warren Drive  
Annapolis, Maryland 21403

**Name and address of the honoree.**

*We will inform the honoree(s) and/or the family of the deceased that a gift has been made to the scholarship fund.*

**Send notice of my donation to:**

Name \_\_\_\_\_

Address \_\_\_\_\_

Donor's Name \_\_\_\_\_

Address \_\_\_\_\_

*For questions, please contact:*

*Karlie Everett • karlieeverett@verizon.net • 410-268-8656*

The 21st Century Foundation, Inc., is a 501 (c) (3) nonprofit, charitable organization, donations to which are tax deductible to the fullest extent allowed by law. A copy of the foundation's current financial statement is available upon request by contacting the 21st Century Education Foundation at 2644 Riva Road, Annapolis, Maryland 21401 (telephone: 410-222-5370). Document and information submitted to the state of Maryland under the Maryland Charitable Solicitations Act are available from the Office of the Secretary of State for the cost of copying and postage. *DPS/CB 1395/28a (Rev. 10/12)*



Anne Arundel Retired School Personnel Association  
2644 Riva Road  
Annapolis, MD 21401