



INFORMER

Anne Arundel Retired School Personnel Association

August 2015

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President Barry Fader

I would like to welcome everyone back as we begin to celebrate our 75th year as the Anne Arundel Retired School Personnel Association (AARSPA) and the 70th year of our association with the Maryland Retired School Personnel Association (MRSPA).

I would like to thank Past President Charles Gable and all the members of the 2014-2015 Executive Board for their patience and leadership. They demonstrated knowledge and fortitude in achieving goals as they worked through the many challenges that came before them. Hopefully, all of you will standby to work with me through the challenges ahead and to enjoy the good times during this first year of my presidency.

This past June and July, the Executive Board has been involved in planning trips, luncheons, activities, as well as identifying the needs of our members and the community. As I mentioned at the June luncheon, no man/woman is an island. We all need to work together to have

successful activities and grow our membership. Although there has been a slight percentage increase in our membership, we need to work harder to achieve membership goals at both the local and state levels.

This coming year, I hope to see more active members participating in events, including: coming to luncheon meetings, going on trips planned by the Trips and Tours Committee, volunteering at the Free School, participating in our community service projects, attending the annual March Get Together with our colleagues in Florida, joining in the recruitment of new members, and of course, advocating for our membership with state legislators.

At our September luncheon, I would like new and old members to leave me with a short note providing what you would like to see implemented during this year. For those who can't make the luncheon, please feel free to e-mail



me or write me a note with information noting the things you like about what we do in AARSPA and/or what we can do better coupled with suggestions for new adventures for the year facing all of us. I hope to see many of you at our meetings and invite you to bring a new member/friend with you. Your friends from Anne Arundel County Schools are always welcome to join AARSPA and our state affiliate, MRSPA. I am looking forward to seeing and greeting many of you at our first luncheon at Two Rivers Restaurant in Pasadena on September 10th.

Till then, enjoy the remaining days of summer.



SCHOOL DAYS

One day at school, the bad weather prevented outdoor recess, so a first grade teacher walked among the classroom desks as her students played, dressing in various articles from a box of playtime costumes. As the teacher passed two boys who were wearing disguises, she remarked to one of them, "I see that you are incognito."

As she passed by, she overheard one ask the other, "Who's incognito?"

"I don't know," said the other boy, "but I bet he wears a mask."



AARSPA 2015 SCHOLARSHIPS



Emilie Andercyk, Abigail DelPrete, and Megan Wolf

The recipients for the three 2015 AARSPA scholarships are Emilie Andercyk from Northeast High School, who is interested in pursuing a degree in Elementary Education; Abigail DelPrete from Severna Park High School, who plans to become an elementary teacher; and Megan Wolf from South River High School, who is looking forward to earning a degree in Elementary Education. Tillie Barckley, Charles Gable, and John Hammond attended the Scholarships for Scholars, Inc. Awards Ceremony on April 27, 2015, at the Chesapeake Arts Center, Baltimore, Maryland.



2015 Walk to End Alzheimer's

The Community Service Committee will participate in the Annapolis Alzheimer's Association Walk-a-Thon on October 25, 2015. The walk will begin at Susan B. Campbell Park in downtown Annapolis on that Sunday morning.

As an AARSPA member, you can participate in one of two ways. You can walk with our team, "AARSPA From the Heart," and donate money **or** you can support the team by donating money.

You can register to walk with the team and/or donate money online by going to the following website:

<http://act.alz.org/goto/AARSPA>

Follow the directions online to **Register** as a walker and/or to **Donate** money. The registration and donation forms are also available online in printable form if you prefer to mail in your information and/or donation.

If you prefer not to use the internet to participate, the forms will be available at the September luncheon. Furthermore, you can always contact Phyllis Cherry (pacherry@comcast.net) or Karlie Everett (410-268-8656) and they will arrange for you to receive the necessary forms.





Did you know:

- 5.8% of people living in Anne Arundel County live below the poverty level.
- 5.6% of seniors living in Anne Arundel County live below the poverty level of \$11,011 per year.
- Since 2008, there has been a 231% increase in the number of homeless children attending Anne Arundel County Public Schools.

It's been a year since the Community Service Committee decided to increase AARSPA's involvement addressing the needs of those living in poverty within the county. We didn't know what to expect; never did we imagine the overwhelming support you, the membership, have shown. It may only seem like a "drop in the bucket", but AARSPA is making a difference.

- Four boxes of school supplies were delivered to Marley Elementary School.
- Lots of canned food and staples were collected for the Food Bank. (We were so overwhelmed we forgot to count.)
- 206 pairs of socks and underwear and other clothing items were shared with Van Bokkelen and Hillsmere Elementary Schools.
- Over 140 books were given to the Annapolis Youth Services Bureau.
- 100's of personal hygiene items were delivered to the various senior housing facilities throughout the county.

It is impossible to put into words the level of appreciation shown each time we delivered a donation. There were laughter, tears, hugs, and 100's of "thank yous." Those of us fortunate enough to participate in the delivery left smiling and extremely proud of what AARSPA, each of you, has accomplished.

AARSPA from the Heart will be collecting the same items at each of the upcoming luncheons. These items will be delivered to the same locations.

Don't know what to buy or hate shopping? We will use all monetary donations to purchase items. Simply indicate if you want the money to go toward the purchase of school items or items for our senior citizens.

<p>SEPTEMBER 10 Two Rivers Restaurant</p>	<p>School supplies to be distributed at elementary schools with the greatest need (also includes tissues and hand sanitizer)</p>	<p>Toiletries for senior living facilities</p>
<p>NOVEMBER 19 CAT-N</p>	<p>Non-perishable food items for the Harvest for the Hungry Campaign</p>	<p>Toiletries for senior living facilities</p>
<p>FEBRUARY 11 BLUE DOLPHIN</p>	<p>New underwear, tee shirts, sweatshirts and pants, jeans and socks to be given to elementary school nurses for the children who have accidents</p>	<p>Toiletries for senior living facilities</p>
<p>MAY 12 RENDITIONS</p>	<p>A new book or money to purchase a book that will be given to the Annapolis Youth Services Bureau at the Stanton Center in the memory of an AARSPA member who passed away during the year</p>	<p>Toiletries for senior living facilities</p>

FREE SCHOOL NEWS



A big thank you goes to Mary Dunlap, Bob Kanach, Tony Anzalone, Debbie Ahalt, and Alicia Hardisky! On Monday, April 27th, these volunteers assisted with the unpacking and repacking and catalog comparison work of artifacts from the archeological dig performed at the Free School Museum in 1978. Because of their efforts, this part of the project is almost at an end.

The next step is to complete the catalog comparison work. After that, we will begin the loan process which includes displaying some of the artifacts at the Free School Museum and storing the remainder through the Cultural Resources Division of the Anne Arundel County Planning and Zoning Department.

We are currently looking for a graduate student in archeology to assist with this latter step of the project.

If you would like to help with this project or have any information that might help with this project, please contact me.

Karlie Everett (410-268-8656)

AARSPA WINS AWARD

At the Maryland Retired School Personnel Association Annual Meeting on May 12, AARSPA was presented with the award for the local with more than 1000 members with the largest percentage increase (1.6%) in membership!



MRSPA President Max Muller, AARSPA President Charles Gable and MRSPA Membership Committee Chair Thomas Hickman

REMEMBRANCE COMMITTEE

MEMBER DEATHS

Minibel Bast
 Rena Branin
 Leroy Carter
 Elizabeth Collinson
 Edna Dempsey
 Joseph Diamond
 Nella Beth Fowlie
 Louise Johnson
 Katheryn Jonas
 Janet Kain
 Gwendolyn Pindell
 Anne Purvis
 George Rehorn
 Ella Roberson
 Kacia Smouse

FAMILY MEMBER DEATHS

Patricia Caldwell - sister
 Virginia Crespo - husband and sister
 Clayton Greene, Sr. - wife
 Carole Grimm - sister-in-law
 Bob Grimm - sister
 Paulette Jones - mother
 Janice Kurzmilller - husband
 Patti Nalley - mother
 Mary Sullivan - mother
 Gail Trettel - husband
 Bonnie Vail - husband
 Frances Walker - brother

ANNIVERSARIES

EMERITUS BIRTHDAYS

David Ingalls 7/2
 Rosalie Burcaw 7/5
 Harry Hendrickson 7/8
 Gladys Lipton 7/18
 Rosemary Soldano 8/6
 Jean Cornwell 8/14
 Helen Rosenblatt 8/16
 Christina Greene 8/26
 Hearn Buttrill (98) 9/16
 Jacquelin Evans 9/30

Lisa & Howard Dew 7/26
 Phyllis & Jim Butner 7/26
 Dot & Keith Rembold 8/05
 Laura & Don Buchanan (49) 8/13
 Marsha & Kenneth Stewart (46) 8/16
 Karlie & Jerry Everett 8/26
 Ione & Jim Williams (60) 9/10

GET WELL

Rosemary Biggart
 Barry Fader
 Frances Middleton



If you have information concerning AARSPA members, please contact the following people:

Anniversaries and Congratulations

Millie Zipay at mz2teach@aol.com/ 410 401-0172

Deaths of AARSPA members and family members

Nina Griffith at bear1134@aol.com/ 443 304-2266

Illnesses and Accidents, etc.

Dianne Rogers at wwdsrogers@verizon.net/

410 647-7585

DID YOU KNOW?

A recent comparison of 10 common grocery store items at a convenience store and at the supermarket right next door revealed that a consumer can save a whopping 45 percent on the same items when purchased at the grocery store! That's a savings of more than \$2,300 per year if you spend at least a \$100 each week on groceries.



AARSPA GOING GREEN !

After the mailing of the April *AARSPA Informer*, we also sent out that newsletter electronically to the 1104 members for whom we have email addresses. Of that number, 534 members actually opened the email and 371 opened the link in the email to access the *Informer*. We had over 120 email addresses “bounce” primarily because the email addresses were no longer active or an error was made when they were input into the system. As a result, the Executive Board has agreed to send this current edition to all members via US Mail as well as send out the newsletter electronically again. After this edition, subsequent newsletters will be emailed to all for whom we have active email addresses.



Be looking for an email with AARSPA in the Sender Column of your mailbox or Junk Mail. **DO NOT DELETE IT!** It is **vitaly important** that you open it. You will see the AARSPA apple logo. Click on the underlined sentence, **[Click here to read the AARSPA Informer.](#)** Even if you have received and read the mailed newsletter, please do the two steps above as it will help us verify that we have your accurate email address.

To ensure that the manner in which you receive your next *Informer* newsletter is correct, it is imperative that you notify AARSPA if you want the (paper) US Post Office delivery option. Members who have already submitted email addresses will automatically receive the email version unless notice has been received to the contrary and noted in our distribution files. Members without email addresses will continue to receive the US Post Office version as usual and need to do nothing.

If you have not done so already, email us your delivery preference to: newsletter@aarspa.org or mail it to AARSPA, 2644 Riva Road, Annapolis, MD 21401.

For those members with the “bounced” email addresses mentioned above, a personal letter has been mailed to obtain the correct email addresses or to determine if you prefer to continue to receive the paper copy. Please follow the directions given in the letter if you have not done so already. We will correct your email address and/or delivery preference as we receive it.

MRSPA ANNUAL MEETING MAY 12, 2015



Back Row: Alicia Hardisky and Susan Erichiello
Front Row: Sharyn Doyle and Mary Grande



Angela Cromwell and Sandra Edmonds



Karlie Everett and Dianne Rodgers



AARSPA members assume leadership roles in MRSPA: Max Muller, President; Carla Duls, Secretary; and Alicia Hardisky, Treasurer.



Back to front: Ron Ruffo, Phyllis Cherry, and Deborah Ahalt



**HOLIDAY POPS CELEBRATION
& LUNCHEON AT GEORGE'S ON MOUNT VERNON SQUARE
Wednesday, December 9, 2015**

Spend a delightful afternoon at the Joseph Meyerhoff Symphony Hall as the Baltimore Symphony Orchestra presents a musical extravaganza **“Holiday Pops Celebration.”** Experience the thrill of the season as the BSO SuperPops brings you a sparkling holiday celebration with full chorus, orchestra, guest vocalists, and the Tap-Dancing Santas! Enjoy classical favorites and selections from Christmas films and sing along to your most beloved carols. Before the show, enjoy a delicious luncheon at George’s on Mount Vernon Square, located in the historic neighborhood of Mount Vernon on West Monument Street. The attentive service and spectacular views of Baltimore from the hotel’s roof top banquet room will make your dining experience a pleasant one. Your entrée choices will be penne pasta (in a vodka cream sauce topped with grilled chicken), grilled salmon (Mandarin glazed grilled Atlantic salmon), or stuffed pork loin (served with apples, cranberries and brie topped with apple cider glaze) and include a house salad topped with fresh garden vegetables with two dressings to the side, chef’s selection of appropriate starch and seasonal vegetable, rolls and butter, George’s house-made bread pudding, Starbucks coffee and Tazo tea service, iced tea and assorted sodas. All this for the low cost of \$89.00 per person and also includes transportation, luncheon, reserved seats for the show, all taxes and tips for the driver. **Please complete the form below and mail it and the check to: Bob Kanach, 512 Augusta Drive, Arnold, MD 21012.** No reservations can be accepted after **THURSDAY, NOVEMBER 12, 2015.** No refunds can be made after this date as well.

- 10:00 a.m. – Depart the Severna Park United Methodist Church on Benfield Road
- 10:45 a.m. – Arrive at the Wyndham Baltimore Mt. Vernon
- 11:00 a.m. – Luncheon at George’s on Mt. Vernon Square
- 1:00 p.m. – Depart Wyndham Baltimore Mt. Vernon
- 1:15 p.m. – Arrive at the Joseph Meyerhoff Symphony Hall
- 2:00 p.m. – Showtime, **“Holiday Pops Celebration!”**
- 4:15 p.m. – Depart Baltimore, MD
- 5:00 p.m. – Arrive at the Severna Park United Methodist Church on Benfield Road



Luncheon @ George’s on Mt. Vernon Square & “Holiday Pops Celebration” at the Meyerhoff

Please reserve ___ tickets for this event. The cost is \$89.00 per person. **Make your checks payable to AARSPA and mail this form and check to Bob Kanach at the address above.**

Name: _____

Address: _____

Phone Number: _____ E-mail Address: _____

Meal choice(s): Below please place the name and meal choice of each person in your party, if applicable.

Name	Pasta	Grilled Salmon	Stuffed Pork Loin
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

May 14, 2015 General Membership Meeting



2015-2016 Officers Installed by MRSPA Secretary and AARSPA Past President Carla Duls: Assistant Treasurer Robert Kanach, Corresponding Secretary Branda V. Gibson, Assistant Recording Secretary Zetta Hart, Immediate Past President Charles Gable, Carla Duls, and President Barry Fader. Recording Secretary Susan Erichiello and Treasurer Rosemary Biggart will be installed at a later date.

AACPS Teacher of the Year Christina Houstain



MRSPA Executive Director Judith Zahren



Voices in Melody



First Timers: Barbara Watkins, Jean Smith, Sharyn Doyle, Terry Hicks, Terry Moir, and Clint Gosnell



Bejetta Arnwine
 Stephen Barry
 Debby Borsetti
 Sara Broccolino
 Susan Brown
 Margaret Cannon
 Susan Cummings
 Bernard Edwards
 John Finneran
 Nancy Galetsky
 Laverne Gladmon
 Mary Gooch
 Philip Greenfield
 Diane Heath
 Gail Iannoli

Cindy Jacoby
 Mary Jo Kanach
 Janice Knight
 Cabrini Kriewald
 Jean Leach
 Ellen Meyer
 Eunice Nelson
 Kathleen Russo
 Daryll Sanders
 Linda Siner
 Donna Sutherland
 Marva Walker
 Linda Wallace
 Sandra Weller
 Veronica Williams

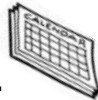
IMPORTANT DATES

Executive Board Meetings - 10:00 a.m.

October 8, 2015 - Center 2A
 January 7, 2016 - Center 2A

General Membership Meetings - 10:30 a.m.

September 10, 2015 - Two Rivers Restaurant,
 Pasadena
 November 19, 2015 - CAT-N, Severn



Other Dates

September 16 - Dorothy Megan Crab Feast and Cruise, Hurlock, MD
 October 1 - MRSPA Fall Leadership Workshop
 October 6 - AARSPA Informer deadline
 October 22 - Maryland Senior Citizens Hall of Fame
 October 24 - Pre-Retirement Seminar @ Severna Park High School
 October 25 - Walk To End Alzheimer's @ Susan B. Campbell Park, Annapolis
 November 4 - MRSPA Legislative Workshop
 December 9 - Holiday Pops at BSO w/lunch at George's, Mt. Vernon Square, Baltimore

LUNCHEON AND GENERAL MEMBERSHIP MEETING

DATE: Thursday, September 10, 2015

PLACE: Two Rivers Steak and Fish House (located in the Lake Shore Shopping Center on Mountain Road just east of Jacobsville Elementary at 4105 Mountain Road, Pasadena MD 21122).

ENTRÉE CHOICES: Chicken Chesapeake, sliced sirloin with port wine mushroom sauce, or grilled vegetable stack, each served with basmati rice, medley of vegetables, garden salad with ranch dressing, and freshly baked rolls with yellow and butter cream two layer cake for dessert.



COST: \$29.00 per person



Registration.....9:45 - 10:30
 Business.....10:30 - 12:00
 Lunch.....12:00 - 12:45
 Entertainment...12:45 - 1:30

No refunds after reservation deadline
August 28

PLEASE NO WALK-INS

**Make checks payable to AARSPA and mail to:
 Bob Kanach, 512 Augusta Drive, Arnold, MD 21012**



LUNCH RESERVATION - Deadline August 28, 2015

Contact person: _____

Phone number: _____ E-mail: _____

Below, please indicate the entrée choice for each person in your party.

Name (s) - Including Contact Person above	Chicken	Sirloin	Vegetable Stack
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____



Number of reservations _____ X \$29.00 per person = Total Due: _____

_____ Please check if this is your first AARSPA luncheon.
 _____ Please check if you are an Emeritus Member (90 or greater)

EDUCATOR / EMPLOYEE OF THE MONTH

2014-2015

SEP.	Educ: Alex Byland, Special Educ., Marley Middle School Empl: Madelyn Miller, Behavioral Assistant, Seven Oaks Elementary School
OCT.	Educ: Lisa Paddy, 6th Grade Lang/Lit Teacher, Annapolis Middle School Empl: Dawn Smith, Secretary, Solley Elementary School
NOV.	Educ: Melinda Spence, Pupil Personnel Worker, Student Support, Central Office Empl: Kathy Pulz, Principal Secretary, Oakwood Elementary School
DEC.	Educ: Paula Hendy Borinsky, Media Specialist, Tyler Heights Elementary School Empl: Monica Lopez, Family & Community Outreach Facilitator, Bilingual Office, Central Office
JAN.	Educ: Selina Oliver, Psychologist, Chesapeake High School Empl: Linda Acaron, Kindergarten Tech Assistant, West Meade Elementary School
FEB.	Educ: Lauren Samuels, Phys Ed Teacher, Brooklyn Park Middle School Empl: Karen Russek, Teacher Assistant, Shady Side Elementary School
MAR.	Educ: Christine Denis, Spanish Teacher, South River High School Empl: Melanie Estes, Executive Admin Assistant, Division of Curriculum & Instruction, Central Office
APR.	Educ: Zachary Lloyd, AVID Teacher, South River High School Empl: Patrice Baker, Teacher Assistant & IEP Clerk, Chesapeake Bay Middle School
MAY.	Educ: Marianne Manning, Special Ed FLS Program, Chesapeake Bay Middle School Empl: Carol Delaney, Counseling Office Secretary, Annapolis High School

The Anne Arundel County Board of Education recognizes an Educator and an Employee of the Month from September to June. The Selection Committee consists of members of the Anne Arundel Retired School Personnel Association. Each awardee was nominated by their school or office for consideration.

Tony Anzalone, Chair
Betty Coleman
Larry Day
Carl Stewart
Charlotte Stewart



NEWS YOU CAN USE

“Health Foods” You Should Never Consume

The following information was in the May/June issue of *Mother Earth Living*. Even when we try to eat healthy, terms such as “low-fat”, “high-fiber”, “multigrain”, “gluten-free” and “natural” can be confusing to even the most sophisticated consumers. The magazine suggests we get in the habit of reading labels; look for products with the fewest ingredients and the most recognizable ingredient names, and avoid sugar, or one of its synonyms, including fructose, cane juice, rice syrup, fruit juice concentrate and dextrose, among others.

Reduced-fat Peanut Butter: The oil in peanut butter contains most of the nutrients. Reduced fat peanut butter has as many calories and more sugar than regular peanut butter. The only ingredients should be peanuts and possibly a little salt. Eating peanut butter or one or two ounces of nuts a day is associated with reductions in heart disease and cancer.



Enhanced Water: Vitaminwater is basically sugar water with a vitamin pill added. Some people may be getting too much of a specific vitamin when combined with fortified foods and supplements. Energy drinks, such as Red Bull, Sobe Lifewater, or Monster Energy are not only high in sugar, but may be harmful for people with medical conditions such as high blood pressure. Ready to drink teas contain added sugar and little or none of the nutrients found in fresh tea.

Sugar-Free Foods: Studies have shown that artificial sweeteners may promote fat gain and insulin resistance, a precursor to type-2 diabetes, by damaging microorganisms in the digestive tract. Instead, add honey or maple syrup to your plain yogurt, whole-grain cereal, coffee or tea.



Anne Arundel Retired School Personnel Association
2644 Riva Road
Annapolis, MD 21401

Scholarship Fund Donation
Scholarships are of the utmost importance to ensure the contribution of quality teachers entering the education profession.

I wish to make a donation to the scholarship fund.

Donation Amount is: _____

In memory of: _____

In honor of: _____

for:

____ birthday ____ anniversary

____ other (please indicate) _____

Please make checks payable to:

Anne Arundel Retired School Personnel Association
or / for

Tax Deductible Donations, make checks payable to:
21st Century Education Foundation, Inc.

Mail all checks to:

Matilda Barckley
8238 Great Bend Road
Glen Burnie, Maryland 21061

Name and address of the honoree.

We will inform the honoree(s) and/or the family of the deceased that a gift has been made to the scholarship fund.

Send notice of my donation to:

Name _____

Address _____

Donor's Name _____

Address _____

For questions, please contact:

Matilda Barckley • barckleya@comcast.net • 410-768-3408

The 21st Century Foundation, Inc., is a 501 (c) (3) nonprofit, charitable organization, donations to which are tax deductible to the fullest extent allowed by law. A copy of the foundation's current financial statement is available upon request by contacting the 21st Century Education Foundation at 2644 Riva Road, Annapolis, Maryland 21401 (telephone: 410-222-5370). Document and information submitted to the state of Maryland under the Maryland Charitable Solicitations Act are available from the Office of the Secretary of State for the cost of copying and postage. *DPS/CB 1395/28a (Rev. 7/13)*